

 Welcome to our first edition of the Mozart Effect Resource Center Newsletter. Each installment will explore Sound, Education, Music, or Health with material selected by Don Campbell. In addition, we will include a focus on special courses offered around the world, updates to our website, and featured products from the Mozart Effect Resource Center.

Mozart Effect Around the World

From Tokyo to Dublin, Mexico City to Washington D.C., this spring is a great time to attend a lecture, workshop, or training event with Don Campbell. He will be in Warsaw, Singapore, and maybe even in your neighborhood.

 A complete itinerary with detailed, hyper-linked program information is available at our website

<http://www.mozarteffect.com/MoreOnTME/Calendar/index.html>

 Mozartgrams are being spotlighted as a Virtual Postcard Exchange featured site.



Don Campbell's newest addition to the Music for The Mozart Effect recordings,

Morning, Noon and Night:
Music for Yoga and Stretching
(Vol. 6)

This unique CD gives you three exercise or relaxation plans: motivation and expansion for the beginning of the day, centering and focus for the middle, and de-stressing in the evening. Harness the Power of Mozart to accompany yoga, meditation, gentle stretching, or to simply help you relax at home.

This CD is available from the Mozart Effect Resource Center for US\$15.95 plus S&H.



Order Toll free 800-427-7680
M-F 8:30am – 5:00pm CST
or 24/7 by FAX 303-938-1191

Listening, The Ear and The Mozart Effect: The Work of Dr. Alfred A. Tomatis

online article by Don Campbell

Two hundred years after Mozart's birth, French physician Dr. Alfred Tomatis researched the link between learning and the sonic environment.

"Tomatis's innovative research is based on the ear's ability to discriminate between sounds it selects to hear and the ability to tune out sounds that are unwanted.

The ear's ability to listen and focus, select sounds spatially and regulate auditory information as it is perceived by the brain, has become the theme in over a hundred centers worldwide dedicated to assist children and adults with speech and communication disorders, attention deficit disorders, head injuries, and autism."

